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Chicken Breast Fillets with Chermoula Marinade CGB016

Pre-heat oven to 180 deg.

remove fillets from marinade reserving any leftover sauce.

In a heated frying pan, pan fry fillets for 2-3 minutes on each side, pour the reserved marinade into the heated pan and cook until bubbling.

decant chicken and marinade into a suitable baking dish, bake for 10- 15 minutes.

Season if required and serve with your own mash, chips, veggies or salad